

For staying home, protecting the NHS and saving lives



Working Together Ludlow
Certificate of Achievement
Congratulations to



Working Together Ludlow

to include people with learning difficulties

Hello to all our friends in the Working Together family.

We're all missing being together but, hopefully, we're all keeping in touch in other ways and all looking forward to the day when our doors can re-open again.

We wanted to say thank you to every one of you for staying home and doing your bit, protecting the NHS and saving lives – in fact, we've included a certificate to recognise this that you might like to put in your window.

Sending you lots of love from everyone here at Working Together. Stay healthy and safe...

Fee, James, Jan A-W, Helen, Jan B, Lisa, Nicola, Nigel, Sammy and Sophie xxxx

www.workingtogetherludlow.co.uk

Rockspring Centre, Sandford Road, Ludlow, Shropshire, SY8 1SX

Registered Charity No. 1147358. Company No. 7982400

Sophie's activities game

Roll a dice and select which set of movements you do
(Choose a number if you don't have a dice)



Jump on
the spot

Wiggle your
toes



1 Wall
push up

Give yourself
a hug



High 5
someone

Run on
the spot



Count to
four on your
fingers

Balance



Circle hips for
the count of 5

5 side steps
left, 5 side
steps right



Circle arms

March on
the spot

Use this space to draw a
picture, write a poem or
short story...